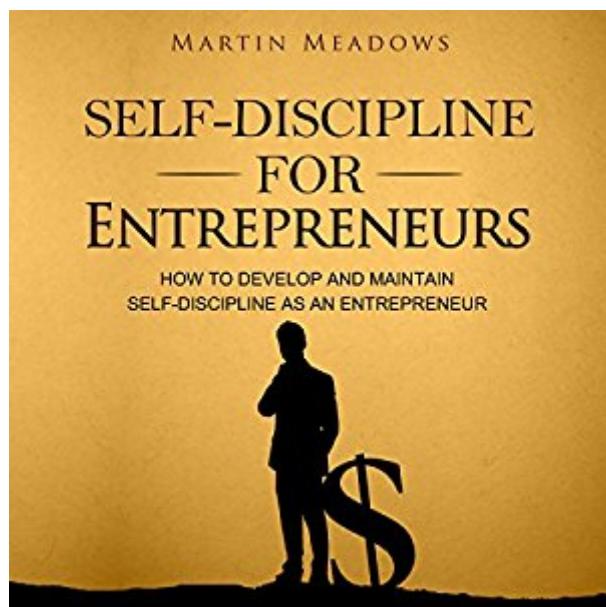


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# **Self-Discipline For Entrepreneurs: How To Develop And Maintain Self-Discipline As An Entrepreneur**



## Synopsis

If you are an entrepreneur or want to become one, self-discipline is one of the most important skills you need to develop to achieve success. Entrepreneurship is a wild rollercoaster. It will test your willpower and persistence time after time. Get yourself ready for that ride by listening to *Self-Discipline for Entrepreneurs*. Drawing upon my own experience of successful entrepreneurship and scientific research, this book covers challenges like: How to create a lifestyle centered around self-discipline. Discover how to change your life to thrive as an entrepreneur. How to keep balance and maintain sanity as an entrepreneur. The book gives you four reasons that lead to work imbalance and offers actionable solutions to enable you to persist in achieving the success you desire. Four toolsets to develop your self-discipline. Discover the most powerful traits, habits, or mindset changes that are necessary to strengthen your resolve. The most common challenges facing people who want to start a business. Learn how to escape from a syndrome that is debilitating for new entrepreneurs and discover how to overcome the most common stumbling blocks. Common self-discipline challenges for experienced entrepreneurs. Once you have made a good start, if you want to remain successful as an entrepreneur, it's essential to discover how to handle these issues. Frequently asked questions related to self-discipline. How to maintain self-discipline when you feel discouraged, boost your confidence when business goes down, find the willpower to work on your business if you have a day job, and more. The life of an entrepreneur can be arduous. Let this book help you prepare for these challenges and thrive, no matter what you encounter in your entrepreneurial life.

## Book Information

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## Customer Reviews

This is a terrific resource for entrepreneurs touching on something often overlooked in other books for those starting and running their own business - the master key to success - self-discipline. The author covers concepts and principles regarding self-discipline that are invaluable and may not have been learned even by those who have read many other books on this topic. Well worth reading and the using and applying in your business.

awesome great product

Great book.

Great book. Very concise and straight forward. Lots of good advices in a fast paced reading.

Some good ideas. I especially liked the recap of the points at the end of each chapter.

check out the other books by Martin, short read great tips

Let me tell you a story. I've been an entrepreneur wannabe for twenty-five years. I've started seven businesses, but none have ever worked out. That is SO disappointing to me. After reading Martin's book, I'm beginning to really understand where I've been thinking wrong and how my discipline issues have constipated my progress. Identifying your problem is one thing, but Martin explains the science behind the principle then offers numerous action steps to solve every single issue and problem he discusses in his book. In the old days, self help writers would talk principles. Now there seems to be a new wave of self help writers who talk principles, explain the science behind them, and then offer concrete steps to solve your discipline issues. Martin Meadows is one of the foremost and in my opinion, one of the best self help writer of our age. I think Martin could've offered more scientific/psychological evidence for each discipline issue he addresses in the book but I can imaging him saying "look the science and reasons don't matter as much as the solution." I'll give *Self Discipline for Entrepreneurs* five stars for that reason and because I like how he explains multiple ways to solve discipline issues with concrete steps to take. In my opinion, the book *Self Discipline for Entrepreneurs* is worth the money and time to read it and understand it, and especially

to take action and follow the steps he outlines. I've been improving and making progress in my business and life from taking those steps Martin outlines in his book.

Hi friends, I am an avid reader of Self Help books and Martin is one of my favorite author among few in the list. About me, after 7 years of working in an MNC company, recently I left my job to start working self-employed. During this early stage of my entrepreneurship, I was badly struggling keeping up to schedules, managing resources and planning finance. That's why I thought of reading this book by Martin, since I have already read his previous books on self help topics. Well, true to its title, this book has given me deep insight to unearth the bad habits and negative behavioral traits, that were putting me out of focus of my schedules and goals. I am slowly and steadily getting in a persistent mindset which is helping me to meet my daily viz-a-viz overall challenges. Not just entrepreneurs, but I think that content of this book would amply benefit other people how are doing any kind of jobs or working as freelancers. The book is a great collection of various scientific researches and experiences of seasoned entrepreneurs that will mend your ways on how you should approach to your business life and attain commercial success. Must read for people searching for virtual coaching and mentoring in their entrepreneurship. Thank you !!

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